Developing a comprehensive vision of inclusive access for all













Maximising the contributions of sport to sustainable development and peace

Sport for Inclusion Program

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Background

Plan2Inclusivize is a program that believes in the power of sport as a medium to bring positive change. Through a partnership between Plan International and the UNESCO Chair in Inclusive Physical Education, Sport, Recreation and Fitness an active and participatory approach has been developed to promote social inclusion of children with disabilities through inclusive sports and play. The approach has been successfully piloted in both development and humanitarian settings.

Objectives

- Improve the inclusion of children with disabilities in physical education, sports and play by increasing the self-efficacy of teachers, leaders and community volunteers to deliver inclusive sport programmes.
- Empower children with disabilities by providing them with opportunities to experience inclusive sports and play.

The content of the P2I training is fully aligned with UNESCO's International Charter of Physical Education, Physical Activity and Sport.

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Training components

PILLAR 1: ChangingP erceptions

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PILLAR 2: Learning for Inclusion

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PILLAR 3: Taking Action

Plan2Inclusivize Program

Conclusion

P2I empowers community volunteers and educators to engage with their communities as a whole to elevate the concept and practice of inclusion of children with disabilities in sports and physical activities. Within the MINEPS context, P2I is relevant to inform the future standards of inclusive sports and play as well as policy. Mainstreaming diversity in both development and humanitarian contexts is essential to provide quality physical education and strive towards inclusive societies.





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UNESCO Chair "Transforming the Lives
of People with Disabilities, their Families
and Communities, Through Physical Education,
Sport, Recreation and Fitness"